

## Saturday September 12, 2015

10:00 am—1:00pm

**The Open Door** 

Connecting Seniors and Family Members to Health Providers

Join us to gain valuable information on community supports and how to access these services for the residents of Grand Valley and Dufferin County.

This drop in session may lead you to the answers you have been looking for!

Light lunch and refreshments will be served

Brought to you by: The Grand Valley Walking Group and





## Meet the Health & Support Providers of Dufferin County:

**ALZHEIMER SOCIETY HOSPICE DUFFERIN** HOME INSTEAD CANADIAN DIABETES OSTEOPOROSIS CANADA GRAND VALLEY FOOD BANK HELP CALL COMMUNITY TORCHLIGHT **HEART & STROKE** SIMES FUNERAL HOME COMMUNITY PARAMEDICS WALKING ON SUNSHINE **DOWNSIZING DIVA** COMFORT KEEPERS CANADIAN CANCER SOCIETY SELF MANAGEMENT CCAC **DUFFERIN COUNTY COMMUNITY SUPPORT** SERVICES

## Location:

Grand Valley Arena in the
Grand River Room

90 Main Street North
Grand Valley ON.
For information send email:
gv-theopendoor@hotmail.com
Or telephone 519-928-3393
Linda